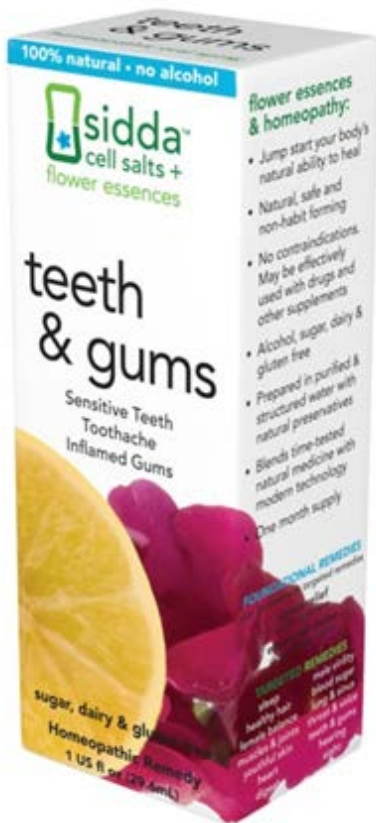




EDUCATION GUIDE

Teeth & Gums

Flower Essence + Cell Salt Homeopathic Remedy – Sugar, Dairy, Alcohol & Gluten Free



Sensitive Teeth - Toothache Inflamed Gums

- By improving the brain’s ability to integrate the nerves of the jaw, teeth and gums, Sidida Teeth & Gums alleviates some of the deepest causes of dental imbalance.
- Sidida Teeth & Gums addresses a number of issues related to oral health including: tooth aches, tooth decay, inflamed, bleeding and receding gums.

Personal Story:

“I’ve had jaw alignment issues (TMJ) my whole life. During a recent stressful time, my jaw went into spasm. The mal-alignment created tremendous pain because of the way my teeth were hitting. After a trip to the dentist, the pain was subsiding, but the jaw alignment was still feeling wobbly.

I decided to try Sidida’s Teeth & Gums. For acute issues, the suggested protocol is 5 doses over 2 days. At the end of the 2nd day, I suddenly felt my jaw just shift “into place”! I have continued to use the formula and my jaw and clenching tendency have continued to improve! I love this product!!

-Jae, Eureka Market Staff Member

Active Ingredients & Purpose	Inactive Ingredients
<ul style="list-style-type: none"> • Sensitive teeth • Toothache • Bleeding gums • Inflamed gums • Brittle dental enamel • Offensive breath <p>Indications are based on Homeopathic Materia Medica</p>	<p>Banana*, Floss Flower*, Lemon*, Natural Flavor, Pineapple*, Polylysine, Purified and Structured Water, Snapdragon*, Venus Fly Trap*</p> <p>*flower essence</p>

Siddha Flower Essences

- Begin with one or two remedies so your body gets a clear message.
- Stress Relief & Emotional Detox establish a foundation to support all the other remedies.
- Using Stress Relief or Emotional Detox in combination with other remedies can bring faster results.

Feeling stressed:

Stress from the “daily grind” -to help take the edge off	Use Stress Relief
Deep-seated or chronic stress	Use Emotional Detox
Thinking too much (brain chatter), worrying, over analyzing	Use Heart

Need help with weight loss issues:

Deep-seated stress, physical toxins contributing to weight gain	Use Emotional Detox + Stress Relief
Sweet/carb cravings, blood sugar issues	Use Blood Sugar + Emotional Detox
Sluggish/weak digestion	Use Digest + Emotional Detox
Sleep disorders (research has found a link between sleep issues and weight gain)	Use Sleep

Skin issues:

Lack of general skin health	Use Youthful Skin
Caused by hormonal imbalance	Use Female Balance
Caused by emotional or physical toxins	Use Emotional Detox + Stress Relief
Caused by nutrient-deficient food choices and digestive disorders	Use Digest + Emotional Detox

Need to feel more grounded and centered:

Digestion problems with feeling ungrounded	Use Digest + Stress Relief
General grounding for women	Use Female Balance + Stress Relief
General grounding for men	Use Male Virility + Stress Relief
General feelings of anxiety, malaise or depression	Use Stress Relief

Physical movement issues:

Lack of fluid motion, coordination, balance, and agility	Use Muscles & Joints
Lack of lung capacity for physical activity or athletics	Use Lung & Sinus
Musculoskeletal discomfort	Use Muscles & Joints

How Siddha Homeopathics work:

- Siddha Flower essences and cell salts are captured in the medium of water using traditional homeopathic techniques. The ingredients have been shown to resolve various forms of stress.
- Western medicine and herbs treat the chemical portion of the nervous system. In Eastern traditions, electrical messaging within the body is viewed as more important. Siddha Homeopathics work at this electrical level of the nervous system.
- Electromagnetic blockages can be understood as minute interference waves that prevent smooth electrical transmission within the nervous system. The result is a basic hindrance to well-being from within multiple systems.
- When Siddha remedies are introduced into the body, the nervous system is exposed to a combination of homeopathic ingredients and cell salts. Together, they initiate resolution for the obstructed field, ease electrical transmission and reduce detrimental interference.

